

# Trash Fashion Workshop

## T-shirt Transformations

Recycle Runway >>>



## Woven Shirt

### Time Commitment:

45 minutes

### Skill Level:

Medium

### Materials:

Fitted T-shirt

Chalk

Scissors

### Directions:

1. **Prepare the Shirt:** (Optional) Cut the neck off – follow the original seam so your cut will be even. Cut off the hem. Fold the back of the shirt in half long ways– match up the shoulder seams and the side seams or crease, so it is even. Lay flat.
2. **Cut the Shirt:** Draw a curve with chalk that starts three inches from the top and ends 3 inches from the bottom. The top of the curve should be 1/2 an inch in from the fold at the top and bottom, and 3 inches from the fold in the middle. Starting at the top of the curve, cut slits that are 3/4 an inch apart from the fold to the chalk line.
3. **Weave the Shirt:** First stretch each strip by pulling on both sides. Starting at the top, take the second strip and weave it under and over the first strip. Let go of the first strip and still holding onto the second strip, take the third strip and weave it under and over the second strip. Continue all the way until you have finished all the strips. Assure you didn't miss any strips, you can still redo the weave at this point.
4. **Secure the Weaving:** Once you've finished weaving, secure the end: cut the loop in half, double knot each end to the previous loop to hold the weave so you'll have 2 knots, one on the left side and one on the right side. Or you can safety pin it, or sew it.
- 5.

### Variations:

- ⇒ Make the cuts wider and weave 2-3 more times: before tying the last loop, start weaving again using the same technique and then cut and tie at the end.
- ⇒ Make two thinner columns of slits down the back or side of the shirt.
- ⇒ Cut the strips in a "V" shape instead of a rectangle and then weave from the top.

