



TRASH FASHION WORKSHOP

T-shirt Transformations

TWO-TONED T

TIME COMMITMENT:

1 hour

SKILL LEVEL:

Medium

MATERIALS:

- 1 T-shirt (your preferred fit)
- Scissors
- 2 small safety pins
- Needle and thread
- T-Shirt scraps in contrasting color



DIRECTIONS:

1. Prepare Shirt: Cut off the neck hem of the shirt , or leave it as is if you like the fit. Using chalk, mark lines on the shirt that will indicate the lines of contrasting strips that are woven into the shirt. You can use the photo above as a guide or create your own pattern. Cut very small slits along the chalk lines about 1 inch apart. (To cut the slits fold the t-shirt along the chalk line and make a very small cut)
2. Cut Contrasting Strips: From your scraps, cut strips of shirt that are about 1/2 inch wide and the length of each chalk line drawn onto the shirt.
3. Weave the Strips: Safety pin one end of one contrasting strips to one side of the lines. Attach another safety pin to the other end and weave the strip in and out through the small slits you cut in step 1. Repeat with other strips.
4. Secure Weaving: With needle and thread sew down each end of the woven strips on the inside of the shirt.

VARIATIONS:

- ⇒ Weave strips in different patterns or directions.
- ⇒ Experiment with cutting the slits closer together or further apart.