



Trash Fashion Workshop

T-shirt Transformations

Simple T

Time Commitment:

30 minutes
(using a sewing machine)

Skill Level:

Beginner

Materials:

1 T-shirt (your preferred fit)
T-shirt scraps
Scissors
Measuring Tape
Needle and thread or a sewing machine



Directions:

1. Choose T-shirt Scraps: Find scraps with colors and images that you like together. Cut in circles of descending sizes, for example: 7" round, 5.5" round and 3.5" round. Pin them on to the shirt either covering logos you don't like or accenting images you do like.
2. Sew: Using either needle and thread or a sewing machine, sew a running stitch around the perimeter of each circle.

Variations:

- ⇒ Try different shapes.
- ⇒ Spell a word across the shirt with scraps that have letters.
- ⇒ Create a mythical creature using scraps with various body parts on it.