

# Trash Fashion Workshop

T-shirt Transformations

Recycle Runway >>



## Loopy Scarf

### Time Commitment:

60 minutes

### Skill Level:

Beginner

### Materials:

- 1 Large or X Large T-shirt
- Scissors
- Measuring Tape

### Directions:

1. Make Loops: Cut off the bottom hem of shirt. Starting at the bottom of the shirt, cut strips 1 inch wide through both layers. Keep cutting 1" strips until you reach where the sleeves begin. The strips are actually long loops.
2. Stretch: S-T-R-E-C-H out each loop so that it curls in on itself and lengthens.



3. Form Loop Bundles: Take each loop of t-shirt and wrap it around your hand 4-6 times. The more you wrap it the shorter and thicker your scarf will be. Lay out these bundles on a table. (See photo, left)
4. Attach Loops together: Cut small (2" x 1/2") strips from the remaining shirt and use them to tie two of the loop bundles together in a double knot. Continue to join loop bundles together until you have attached all of them. Finish by attaching the first loop to the last loop to make an infinity scarf.

### Variations:

- ⇒ Use strips from several t-shirts for a multi colored scarf.
- ⇒ Leave the two ends of the scarf unattached for an open ended scarf.

