

Trash Fashion Workshop

T-shirt Transformations

Recycle Runway >>>



Lace-up Shirt

Time Commitment:

45 minutes

Skill Level:

Beginner - Intermediate

Materials:

Med-large T-shirt Scissors
Measuring Tape Straight pins



Directions:

- 1. Prepare the Shirt:** Cut off the sleeves (including the seam), and cut off the bottom band of the shirt 2 inches above the seam. Put the shirt on and pinch in, on both sides, the amount of fabric that creates the fit you want, measure the amount. Remove the shirt, lay flat, and mark the number of inches that created your perfect fit. Cut this amount off the sides from the bottom up to the arm hole. Pin the front and back together at the bottom of the armhole.
- 2. Cut the Holes for Lacing:** Cut holes through both layers of material 1" from the edge and every 1" apart leave 1" from the top to the bottom. To make the hole, make a small fold of both pieces of fabric and make a tiny cut. Repeat on the other side.
- 3. Cut the Laces:** From the bottom of the shirt you cut off in step 1 or from another shirt with a complimentary color, two circular strips 1 inch wide. Cut each of the circles open to create two long strips and S-T-R-E-T-C-H them out.

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Lace-Up Shirt CONTINUED

Directions CONTINUED:

4. **Lacing your Shirt:** On the right top side of the shirt, pull the ends of one lace through the holes on each side of the shirt, from outside to inside-- pull through until they are the same length. Then as if lacing a shoe, criss-cross down until you reach the bottom, and tie a bow. Remove the safety pin at the top. Repeat on the left side.

Variations:

- ⇒ Repeat on the shoulders of the shirt.
- ⇒ Put a lace down the back of a shirt instead of the sides.
- ⇒ Use this technique to tie the top of a skirt.