

# Trash Fashion Workshop

## T-shirt Transformations

Recycle Runway >>> 

## 2-Layer Skirt

### Time Commitment:

1–2 hours

### Skill Level:

Intermediate-Advanced

### Materials:

2 T-shirts LARGE	Pins
Scissors	Chalk
Measuring tape	Pins
Needle and thread or sewing machine	



### Directions:

- 1. Measure your Body:** Measure around your waist. Divide that number by 2, this is your half-waist-measurement. For example if your waist is 32” around, then 16” is your half-waist-measurement.
- 2. Prepare the Shirt.** Cut off the bottom hem of each shirt.
- 3. How Long do you Want the Skirt?** Choose which shirt will be the top skirt and which will be the bottom skirt. Take the shirt that will become the bottom skirt, and hold it up to your body to decide where you want the hem to fall on your legs. Mark with chalk a horizontal line on the top of the shirt where your waistline is. This will be the top of the skirt.

# Trash Fashion Workshop

## T-shirt Transformations

Recycle Runway >>>



## 2-Layer Skirt

### Directions Continued:

- 4. Mark the Shirt:** Place the bottom shirt on a table and fold it in half sideways, at the waistline chalk mark, create a small perpendicular mark at the center point of the shirt. Open up the shirt and where your waistline mark is, measure the length of your half-waist-measurement. Using the example above, the line would be 16 inches long with 8 inches on either side of the center point. Check that this line is horizontal to the hem line, if not-- adjust. Now draw a line from the end points of the half-waist-measurement line to the bottom edges of the T-shirt. It should look like this:



- 5. Cut the Skirt:** Cut along the chalk lines, and pin the front and back together with the "right" sides facing in. Repeat with the top shirt, and cut its hem 2 inches shorter than the bottom skirt.
- 6. Sew the Skirts:** Sew the two sides of the bottom skirt together using a whipstitch (sew with the needle going from back to front & around to the back again, repeat) with stitches 1/4 inch apart. Sew the top skirt the same way. (You can also use a sewing machine for these steps, using the zigzag stitch.). Turn both skirts right side out. Put the top skirt over the bottom skirt so that their waist lines are even and sew a zigzag stitch around the waist by hand or with a machine.

### Variations:

- ⇒ Don't sew but instead fasten the side(s) of the top skirt with knots or ties.
- ⇒ Add pockets, images, letters or shapes to the top or bottom skirt.
- ⇒ Cut fringe on the top skirt, or cut it at an angle.